

Players Guide TO BRISBANE.



Welcome TO BRISBANE.



Our city is excited to host the TRL Australian Championships. I welcome players and officials to Brisbane and invite you to explore our New World City. Use this handy guide to discover outdoor and urban adventures, eclectic bars and dining, great shopping and beautiful island escapes.

Brisbane is a great place to live, work, and relax – it's a safe, vibrant, green and prosperous city, valued for its friendly and optimistic character and enjoyable subtropical lifestyle. I hope you get the chance to explore all there is to see and do in Brisbane, and I wish all players and teams the best of luck in the TRL Australian Championships.

Adrian Schrinner
Lord Mayor of Brisbane



Welcome to the 2019 Touch Rugby League Australian Championships.

Congratulations on your selection and representation at this year's Championships. You are a vital aspect of the growth and success our sport has experienced since 2005 and this success is reflective in the 72 teams that will represent their respective regions across the three days of competition.

We are humbled by the support of not just our playing cohort across Australia but the support also of our event partner, Brisbane Marketing. Without their support, our events would not be of the magnitude they are today. This carefully curated guide by Brisbane Marketing, provides you with highlights of Australia's New World City and host of TRL's 2019 and 2020 events - Brisbane - and what you can experience during your time off the field.

Thank you again for your continuous support of TRL and all the very best in competition.

Edward Wilson
General Manager - Franchises & Events
Touch Rugby League Australia (TRL)

Why YOU'LL LOVE BRISBANE.

Touch down in Brisbane and discover all of the city's offerings during your time at the TRL Australian Championships.

When not on the field, you'll find lively city precincts, amazing outdoor adventures, great places to eat and drink, diverse shopping, beautiful parklands and so much more.

Use this guide to help you discover a fun, energetic and welcoming city. The enviable subtropical lifestyle and weather is perfect for the wide range of tempting tour and dining options available. Whether you want to discover the city by bike, abseil with views of the river, meet a koala, sip a drink at an eclectic rooftop bar or dine at a world-class riverside restaurant, there is the perfect activity for everyone.

Kick off your visit to Brisbane by going to visitbrisbane.com.au



Event DETAILS.

2019 TRL AUSTRALIAN CHAMPIONSHIPS

4 OCTOBER - 6 OCTOBER

Norths Rugby Club and the Valley Hockey Club, Shaw Park, Kedron.



FRIDAY 4 OCTOBER

5pm to 10pm

SATURDAY 5 OCTOBER

9am to 9pm

SUNDAY 6 OCTOBER

9am to 2pm



Key LOCATIONS.

1 TRL AUSTRALIAN CHAMPIONSHIPS, NORTHS RUGBY CLUB & THE VALLEY HOCKEY CLUB, SHAW PARK, KEDRON

2 CITY

3 FORTITUDE VALLEY

4 HOWARD SMITH WHARVES

5 SOUTH BANK

6 KING STREET

7 EAT STREET NORTH SHORE

8 BRISBANE AIRPORT

9 VICTORIA PARK GOLF COMPLEX



Experience **BRISBANE.**

1 BREAKFAST IN WEST END

Start the day with a hearty and healthy breakfast in West End. The delicious fare matches the eclectic nature of the suburb – think fresh produce, organically-grown, quirky and original dishes that are seriously delectable. Walk off breakfast afterwards via a stroll to nearby [South Bank](#).



2 GET ACTIVE

Adventure awaits in the city. Grab a paddle and take to the river in a kayak at [Riverlife](#), right under the Kangaroo Point Cliffs. Or join them for rock climbing and abseiling on the cliffs. Feeling zippy? Hire a unique Urb-E foldable electric scooter and zip across the Riverwalk to Howard Smith Wharves.

3 CLIMB THE STORY BRIDGE

Take your visit to Brisbane to new heights. Climb to the top of the [Story Bridge](#) and savour views over the river, city and out to Moreton Bay. Romantics will love a sunset climb. Or add some adrenaline to your climbing adventure by abseiling down one of the bridge's pylons.



Experience BRISBANE.

4 GET NOT SO ACTIVE

Once at [Howard Smith Wharves](#), it's time to slow down. Relax on the grass with views of the river, Story Bridge and city skyline. Or sample a brew from the precinct's brewery, right on the boardwalk above the river. A divine overwater bar and fine-dining options are other tempting offerings here.



5 EAT LIKE A KING

[King Street](#) is a wonderfully funky thoroughfare with a diverse range of eating and drinking options. Choose from Vietnamese, Texan-Mexican, Italian, French and Japanese or chow down on Chinese dumplings, Korean-style fried chicken, bountiful burgers, plentiful pizzas and more. Food trucks and a Bavarian beer hall add to the mix.



DARREN LOCKYER LOCAL TIP

“ VICTORIA PARK GOLF COMPLEX IS MY FAVOURITE DESTINATION IN BRISBANE TO TAKE THE FAMILY OR HAVE A DRINK WITH MATES. WHETHER IT IS PUTT PUTT OR THE DRIVING RANGE, THERE IS AN ACTIVITY FOR ALL THAT OFFERS THE LAID BACK ATMOSPHERE, QUEENSLANDERS LOVE. ”





Dining IN BRISBANE.

Boasting an array of award-winning restaurants dishing up innovative menus using fresh local produce, Brisbane's premier dining precincts include Eagle Street Pier, South Bank, Fish Lane and more. On top of these longstanding favourites, Brisbane is undergoing a culinary revolution as divine new restaurants and eateries spring up around the city. Tempt the tastebuds with special takes on traditional favourites, including Greek, Chinese, Japanese and American. On the bayside, take your pick from fabulous fresh seafood in Wynnum-Manly or, in inner-north King Street, choose from food trucks, casual eats or delicious fine dining options.



eaglestreetpier.com.au

eatsouthbank.com

eatstreetmarkets.com

explorefishlane.com.au

visitwynnummanly.com.au

kingstreetbrisbane.com



New LOCAL FAVOURITES.



HELLENIKA, THE CALILE, FORTITUDE VALLEY

Authentic Greek fare with a heavy dose of urban-resort vibes on the side. Think poolside cabanas and a patio to catch the breeze.

hellenika.com.au



THE TERRACE, EMPORIUM HOTEL, SOUTH BANK

Experience South Bank's only rooftop bar and take in the most spectacular, panoramic views of the Brisbane River, city and beyond.

emporiumhotels.com.au



LITTLE VALLEY, FORTITUDE VALLEY

Channels the rich Chinese cultural heritage of Fortitude Valley, serving up new takes on traditional dishes from the regional cuisines of China.

little-valley.com.au



THREE BLUE DUCKS, W HOTEL, BRISBANE CITY

The first wholesome Three Blue Ducks north of the border, featuring a wood fire oven, rotisserie and charcoal pit.

threeblueducks.com



LITTLE BIG HOUSE, SOUTH BANK

Embraces Queensland's sub-tropical lifestyle in a lively way with cocktails, local brews and a top-shelf approach to pub food and bar snacks.

littlebighouse.com.au



HONTO, FORTITUDE VALLEY

A new Japanese diner from the crew behind dining-institution LONGTIME, serving mouthwatering eats and creative cocktails.

honto.com.au

Outdoor ADVENTURE.

Brisbane serves up adventures aplenty. Cruise or kayak the river; abseil or rock climb the iconic Kangaroo Point Cliffs. Climb the Story Bridge; float away with a hot-air balloon ride or take a tour to beautiful mountains, rainforests and waterfalls. Explore the city by bicycle or Segway and take your pick from water sports, surfing, fishing, go karting, golf and putt-putt across the city and surrounding region.



brisbanebybicycle.com.au
ecosafarisqueensland.com
gofishqld.com.au
hotair.com.au/brisbane
learntosurf.com.au
riverlife.com.au
slideways.com.au

storybridgeadventureclimb.com.au
thewheelofbrisbane.com.au
treetopchallenge.com.au
victoriapark.com.au
rivercitycruises.com.au
mirimarcruises.com.au





Shopping HOT SPOTS.

Featuring top brands and historic shopping arcades, the Queen Street Mall and Edward Street are a must for shopaholics. The City offers more than 1000 stores and the state's largest collection of flagship stores.



For local designers and chic boutiques, head to James Street - or explore Paddington for homewares, beautiful antiques and designer fashion. Make tracks to Chermiside and Indooroopilly shopping centres for all-encompassing, shop-till-you-drop experiences.



visitbrisbane.com.au/the-city

visitbrisbane.com.au/paddington-and-rosalie
jamesst.com.au

westfield.com.au/chermiside

indooroopillyshopping.com.au



Aboriginal EXPERIENCES.

Brisbane has a rich Aboriginal heritage dating back tens of thousands of years. Discover the city's fascinating Indigenous culture through walking tours that explore public art, local galleries, outdoor locations and hidden gems; take to the seas on a cultural whale-watching excursion; or see Aboriginal culture and Australian colonial history come to life through a powerful live-theatre experience.



theblackcard.com.au

q-coast.com.au

roberthenderson.com.au

nyandaculturaltours.com.au

spiritsredsand.com





Meet our WILDLIFE.

Get up close and personal with Brisbane's wildlife. In the city and Greater Brisbane region, you can cuddle a koala, pat a kangaroo, hand-feed wild dolphins or have an up-close experience with crocodiles. Locations such as North Stradbroke Island and Lamington National Park are perfect for bird-watching and seeing wildlife in its native habitat.



australiazoo.com.au

croctours.com.au

koala.net

www.tangalooma.com



Island ESCAPES.



Brisbane's Moreton Bay is home to beautiful sub-tropical islands, including the world's second and third largest sand islands - North Stradbroke and Moreton.

Fringed by white sandy beaches and abundant marine life, the islands offer adventures such as 4WD-ing, snorkelling sunken wrecks, scuba diving, sandboarding, kayaking, fishing and surfing.



visitbrisbane.com.au/moreton-island
visitbrisbane.com.au/north-stradbroke-island
sunsetsafaris.com.au
www.tangalooma.com
visitredlandsc coast.com.au

Arts and CULTURE.

Culture vultures can swoop on Brisbane for major shows, exclusive performances and significant international exhibitions. Make a date with the highly-acclaimed, multi-award winning Australian musical, *Muriel's Wedding the Musical*, at the Queensland Performing Arts Centre or have an out-of-this-world experience at Queensland Museum's *NASA – A Human Adventure* exhibition, celebrating humankind's amazing achievements in space.



brisbanepowerhouse.org

museumofbrisbane.com.au

qagoma.qld.gov.au

qm.qld.gov.au

qpac.com.au

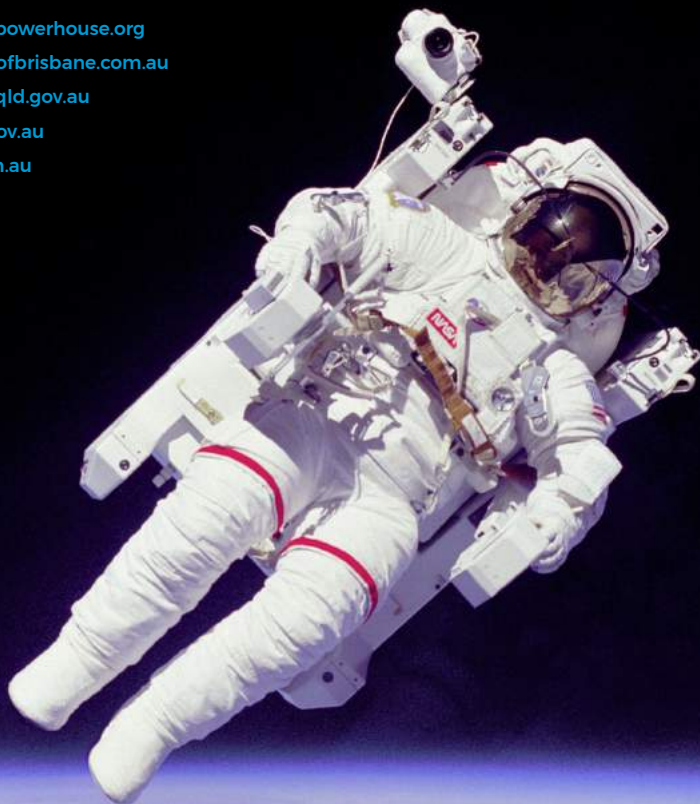


Photo Courtesy of NASA

BRIS

#trlauschamps
#thisisbrisbane

brisbane
australia's new world city

