

2020 RETURN TO PLAY

GUIDE FOR TEAMS AND INDIVIDUALS

The contents of this publication may be updated at anytime. This includes but not limited too: protocols, processes and other relevant information.

Last Updated: 9th June 2020



TRL COVID-SAFE Initiatives

COVID-SAFE Coordinator

In addition to Venue Managers & Referees, the coordinator's responsibility is to uphold our new competition operational standards.

1

Reduced Half Time Breaks

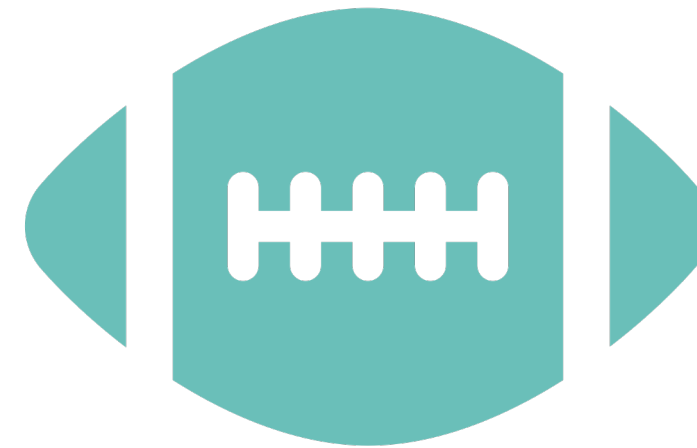
Teams will swap ends of the field without leaving the field of play to minimise crowding during a competition.

2

COVID-SAFE Breaks

Longer breaks between all scheduled games, to ensure sufficient time is available for teams to depart and arrive at their games.

3



4

Hygiene Practices

Between halves, footballs will be disinfected along with other high contact surfaces to promote a safe environment for all persons.

5

COVID-SAFE Indicators

Visual indicators will be present throughout competition venues, to ensure outdoor gatherings protocols are adhered to.

6

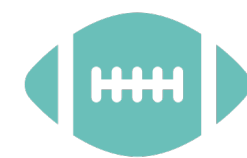
Contactless Interactions

Captains will not be required to sign scoresheets but verbal communication will be key during these pre and post game processes. No handshakes at anytime.

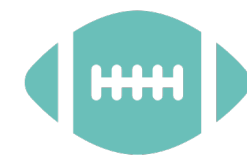
COVID-SAFE Coordinator



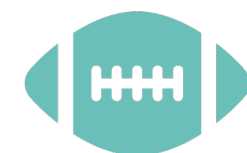
In addition to Venue Manager/s & Referees, a COVID-SAFE Coordinator/s will be assigned to all competitions to implement TRL's new competition practices and standards



Qualified staff member assigned to lead all COVID-SAFE related initiatives and practices at competitions and events.



Works in partnership with Venue Manager/s & Referees to ensure competitions and events can run efficiently with the health and wellbeing of all persons as the upmost priority.



Supports all teams and individuals to ensure they have a safe and practical TRL experience.

Take steps to protect yourself before TRL

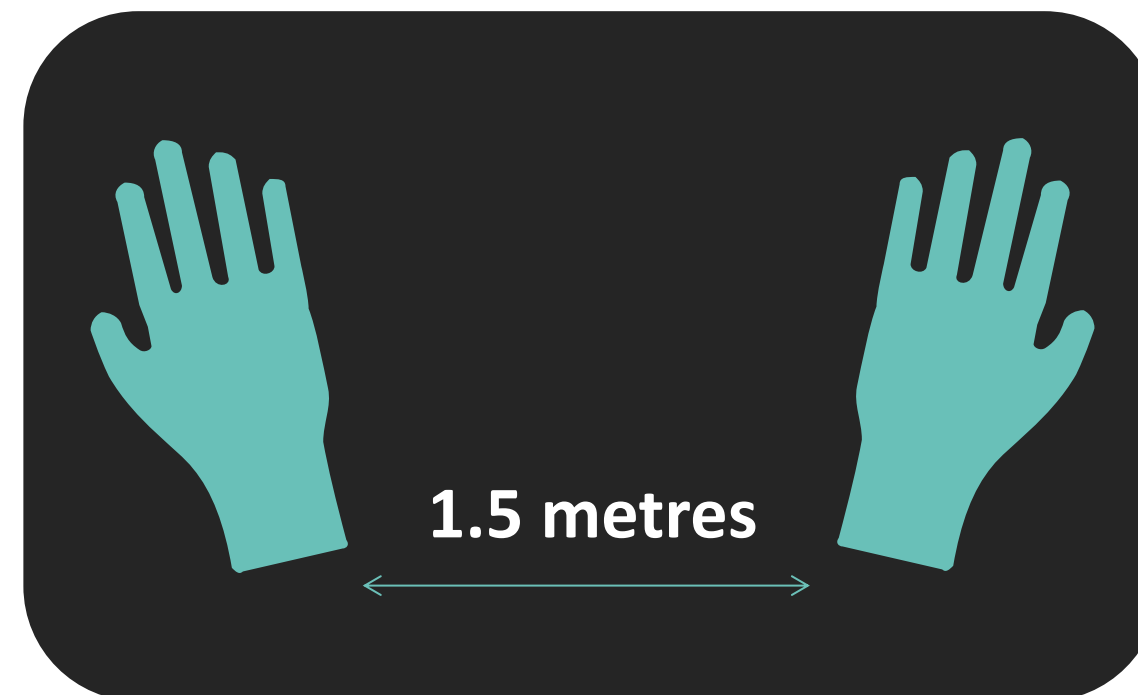
1

personal hygiene



2

physical distancing



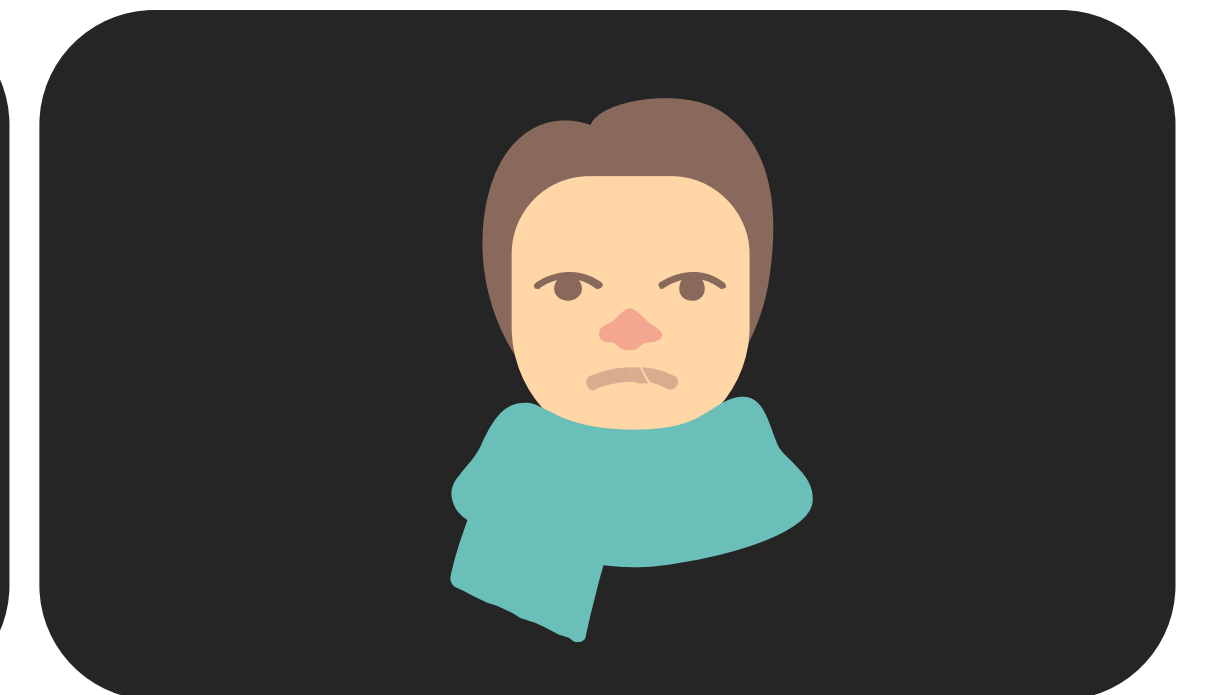
3

download COVID-SAFE app



4

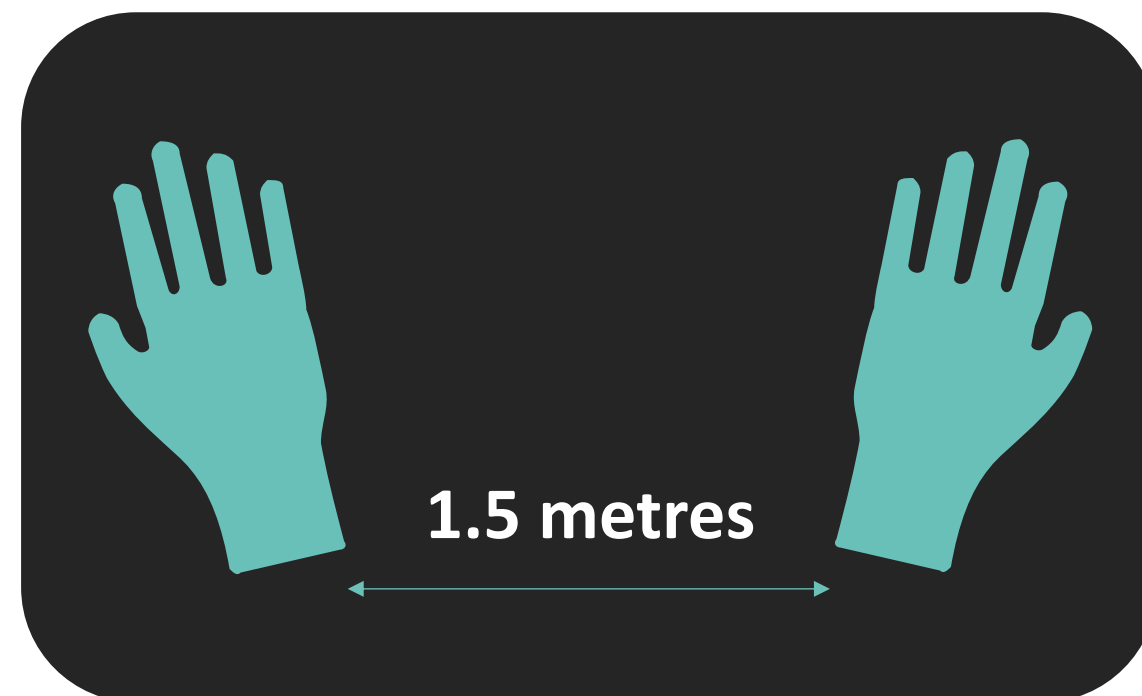
stay home if you're unwell



Take steps to protect yourself during TRL

1

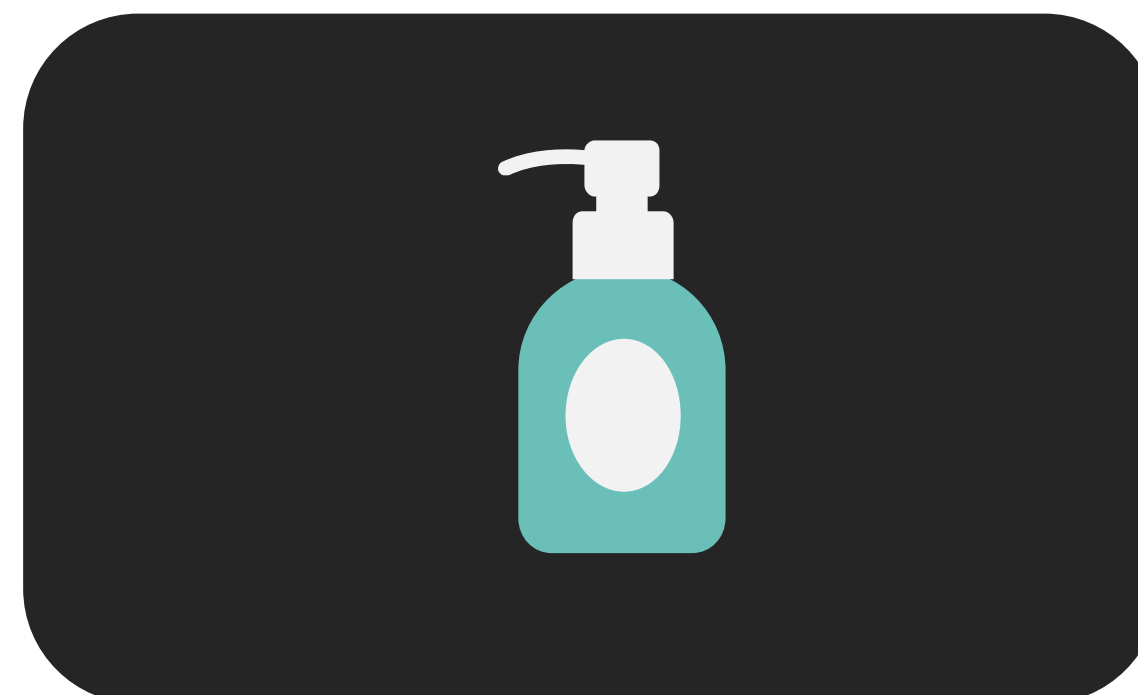
physical distancing



Outside of the field of play, please keep your distance and avoid contact such as handshakes and hi-fi's.

2

hygiene stations

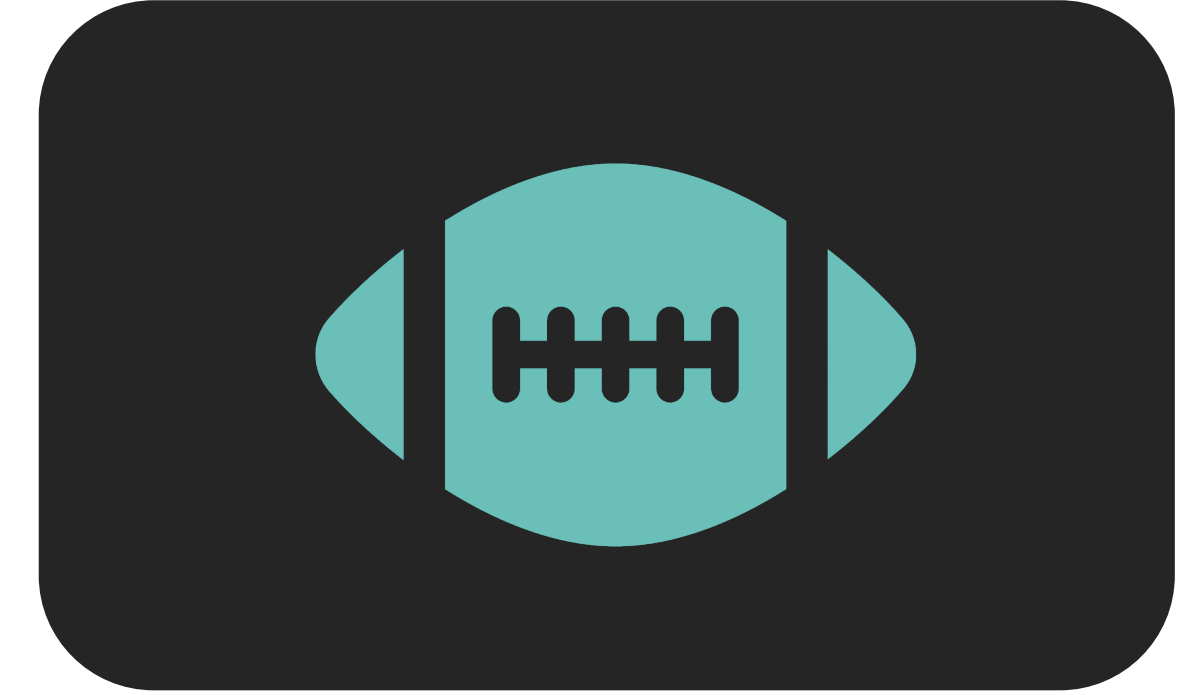


Please utilise the Hygiene Stations, located on the sideline of every playing field, at every competition.

This station offers hand sanitiser and disinfectant spray to ensure all players have the opportunity to take care of their own personal hygiene.

3

play your part



Your support of TRL and those around you ensures a safe and enjoyable experience for all. Everyone has a part to play.

Take steps to protect yourself after TRL

1

hygiene stations



Please utilise the Hygiene Station provided on the sideline of your playing field post-game.

2

please leave after your game



Thank you for playing TRL! Please leave the venue immediately, after utilising the hygiene station, upon the conclusion of your game.

3

put yourself first



Once you arrive home, a post-game shower is an important way you can maintain your own personal hygiene after exercise.

COVID-SAFE Indicators at all TRL Competitions



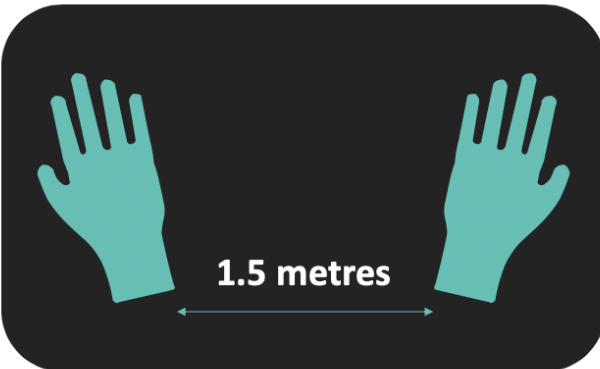
Multiple TRL COVID-SAFE Indicators (including the two below) will be present at all TRL Competitions across Australia to ensure your personal health and wellbeing is of the utmost priority.

HYGIENE STATION

Please follow the 4 P's below to look after your health and the health and all persons at this venue. Thank you for your cooperation.

1

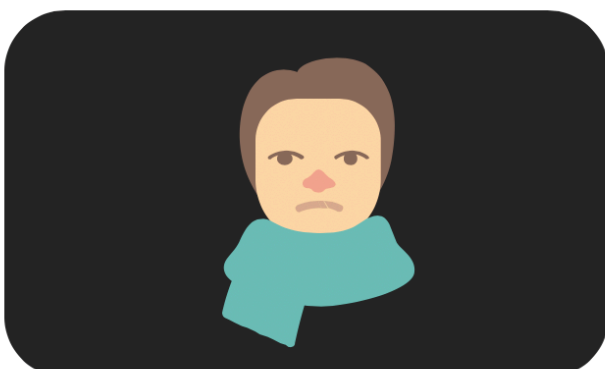
physical distancing



Outside of the field of play, please keep your distance and avoid contact such as handshakes and hi-fi's.

2

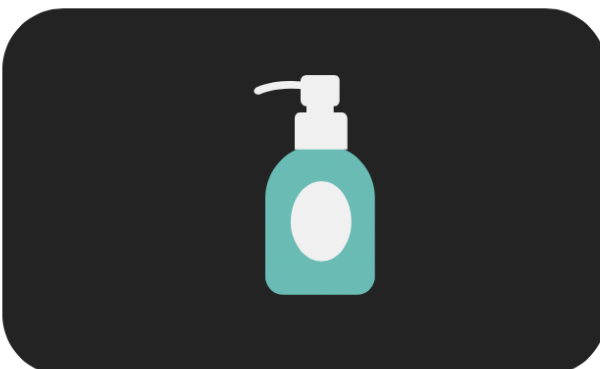
please don't play unwell



If you are unwell, please do not play.
We respectfully request that you take yourself home immediately, if you are unwell.
Please do not return to TRL until you are in good health.

3

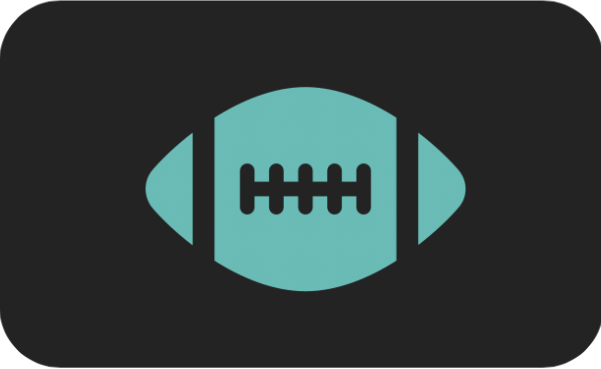
personal hygiene



Please utilise the hand sanitiser and disinfectant spray provided on this table, prior to entering the field of play.
You're welcome to utilise these items at anytime throughout the competition.

4

please leave after game



Thank you for your support and enjoy your game of TRL!
Please leave the venue immediately upon the conclusion of your game. A post-game shower is one way you can ensure your own personal hygiene after exercise.



Engage with TRL



TRL Australia

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TRL Regions

For access to all TRL Regions and the TRL Australia website, please follow the links below:

[TRL Australia](#)
[TRL Regions](#)



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Stay connected with the latest TRL developments including COVID-SAFE updates.

[TRL Australia - Facebook](#)



Instagram

Stay connected with the latest TRL developments including COVID-SAFE updates.

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